

PLANNING COURS DE YOGA -2017/2018

	LUNDI	MARDI	MERCREDI	JEUDI
12.15	YOGA PRENATAL YOGA SEARCHER 12H30-13H30	HATHA / VINYASA ADANSE 12H15-13H15		HATHA / VINYASA YOGA SEARCHER 12H30-13H30
13.15				
14.00				
15.00			YOGA ENFANTS ADANSE 14H30-15H30	
16.00				
17.00				
18.00		HATHA / VINYASA ADANSE 18H30-19H45	HATHA/ VINYASA STUDIO PILATES 18H30-19H45	HATHA / VINYASA YOGA SEARCHER 18H30-19H45
19.00				
20.00			YOGA PRENATAL STUDIO PILATES 20H- 21h	
21.00				